**EVALUATION OF LOWER EXTREMITY HYPERTONIA**

**Name:**

**Date of Birth:**

**Country:**

|  |  |
| --- | --- |
| **Ashworth Scale** | |
| **Grade** | **Description** |
| 0 | No increase in muscle tone |
| 1 | Slight increase in muscle tone, manifested by a catch and release of the muscle when the limb is moved |
| 2 | More marked increase in muscle tone throughout most of the ROM, but affected part easily moved |
| 3 | Considerable increase in muscle tone, passive movement is difficult |
| 4 | Affected part(s) rigid in flexion or extension |

|  |  |  |
| --- | --- | --- |
| **Muscle Group** | **Result** | |
| **Left** | **Right** |
| **Adductors**  *\*bird’s eye view* | /4 | /4 |
| **Hamstrings** | /4 | /4 |
| **Quadriceps** | /4 | /4 |
| **Gastrocnemius** | /4 | /4 |
| **Soleus** | /4 | /4 |

Date:

Medical Practitioner name and title:

Medical Practitioner signature: